Greetings from the Frances McClelland Institute,

We are wrapping up a busy school year that each day feels more like a return to the pre-pandemic normal. We are preparing for our first in-person event since February 2020! We hope you can join us on Friday, April 29th from 12:30 - 2:30 for our annual Student Poster Showcase. See below for details. This is one of the few events on campus that features presentations by undergraduate and graduate students. This event highlights our commitment to supporting the next generation of scholars and community leaders who will build family and community resilience by creating opportunities for children, youth and families from marginalized backgrounds to thrive.

Another goal of FMI is to support and share family and developmental science to inform practice and policy with children, youth and families. We have recently updated our webpages to better highlight resources for youth and to specifically include research evidence on the health and wellbeing of transgender youth. We are also pleased to release our newest research brief (see below) on poverty, stress and policy.

We are excited to share that FMI has launched our first ever crowdfunding campaign! Please help support student research! FMI has funded meaningful research that has helped students gain critical skills and experiences to launch their careers. We need your help to sustain and increase this impact. Any donation amount can help. Spread the word about this campaign! You can share the campaign on social media directly from the crowdfunding site.

Finally, we want to acknowledge that the University of Arizona is celebrating Asian Pacific Islander Desi American (APIDA) Heritage month. Last year at the height of the pandemic, there was growing attention to the racism and discrimination experienced by members of the APIDA community, including as highlighted by FMI student researchers (https://www.youtube.com/watch?v=hHV-N3ss3Ek). Although this issue is no longer the subject of popular press headlines, it's important to remember that these injustices persist, and research has clearly demonstrated that discrimination in all forms has direct implications for physical and mental health.
Help us support the next generation of scholars and community leaders through our crowdfund campaign! Funds raised will go towards providing funding for students to conduct research. Donate [here](#).

**New Research Brief**

We are pleased to announce the publication of our newest brief titled, "Reducing High-Stress Response of Children in Poverty Can Improve Overall Physical and Mental Health Outcomes: A Research Brief" in English and Spanish. This brief was produced in collaboration with Kim Peace-Tuskey, MSW and Graduate Research Associate with the Mel & Enid Zuckerman College of Public Health.
Join us for the in-person Spring 2022 Student Poster Showcase on Friday, April 29, 2022, from 12:30 - 2:30 PM. Graduate and undergraduate students will present their research on a variety of topics centered around improving the lives
of children, youth, and families. This is a great opportunity to learn firsthand about the exciting work of our students.

FSHD Student Updates

Kayla Osman earned an honorable mention for her Ford Foundation Predoctoral Fellowship application. This is an extremely competitive fellowship, so being recognized with an honorable mention is an impressive accomplishment. Congratulations, Kayla!

Congratulations to graduate student Elia Bueno for being selected as the College of Agriculture & Life Sciences Ph.D. Level Meritorious Graduate Teaching Award recipient!

Additional congratulations to Elia, who had the opportunity to translate research findings in an accessible manner, resulting in an article written in both English and Spanish for parents and families at The University of Arizona.

Read in English

Read in Spanish
Current Research from the Institute

Dr. Brian Mayer (School of Sociology), Dr. Sabrina V. Helm (Norton School), Dr. Melissa Barnett (FMI), and Dr. Mona Arora (Mel and Enid Zuckerman College of Public Health) recently published an article in the International Journal of Workplace Health Management titled, "The impact of workplace safety and customer misbehavior on supermarket workers' stress and psychological distress during the COVID-19 pandemic."

FMI Resources
We want to acknowledge that the science is clear. Supporting transgender youth in policy and practice saves lives.
We Support Transgender Youth: A Statement and Framing Guidance

The research is clear that policies, practices, and care that accept and affirm young people's gender identities can help transgender young people thrive.

**CONNECT THE NEEDS OF TRANSGENDER YOUTH TO THE NEEDS OF ALL ADOLESCENTS.**

Include phrases like "all young people" and "just like youth of every gender" to highlight what all adolescents have in common and diffuse harmful othering.

**USE A MORAL ARGUMENT.**

Make the case that attacking transgender children and youth is immoral and wrong because it does so much harm. Talk about the motivations of policymakers passing and enforcing these laws and policies as uncaring. Starting with the moral case is more effective than beginning with a rights-based argument, because people don’t always attribute “rights” to children and young people.

**EMPHASIZE THE FUTURE IMPACTS OF DOING THE RIGHT THING.**

Remind people that when young people are happy, healthy, and able to pursue their goals—regardless of gender—it creates a better future for us all.

**TELL POSITIVE STORIES ABOUT TRANSGENDER YOUTH WHO DO GET THE SERVICES THEY NEED.**

Demonstrate how important these forms of care are by telling stories about the good outcomes that happen when transgender youth receive the support and care they need so people understand the benefits for young people and their families.

**MAKE IT ABOUT OVERALL WELLBEING, NOT JUST MEDICAL CARE.**

Gender-appropriate medical care is just one aspect of health and wellbeing. Take this opportunity to talk about making sure transgender youth have all the supports they need, including caring relationships, educational opportunities, and policies that prevent discrimination in every aspect of their lives.

**ALWAYS CONNECT THE DOTS BETWEEN GENDER AFFIRMING CARE AND MENTAL HEALTH OUTCOMES.**

Don’t assume that people understand the links between gender and mental health. Draw bright lines between discriminatory policies, limits to gender affirming care, and the toll it takes on mental and emotional wellbeing.

Read the Full Report Here: [https://developingadolecescentwellness.ucla.edu/
we-support-transgender-youth-a-statement-and-framing-guidance](https://developingadolecescentwellness.ucla.edu/we-support-transgender-youth-a-statement-and-framing-guidance)
Visit our updated resources for transgender youth [here](#).

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**Resources for COVID-19**

Check out our website for updated COVID-19 resources [here](#).

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**FMI's Commitment to Social and Racial Justice**

Check out our website for an updated list of anti-racist resources [here](#).

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Thank you for your support of the Institute. Stay in touch with us by following FMI on [Facebook](#), [Twitter](#), and [LinkedIn](#).

In Partnership,

**Melissa A. Barnett, Ph.D.**

Director, Frances McClelland Institute for Children, Youth, and Families

Norton Endowed Chair in Fathers, Parenting and Families

Associate Professor, Family Studies and Human Development

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Please support our work by making an investment in the Frances McClelland Institute for Children, Youth, and Families.

[Give Now](#)